



FEBRUARY 2023

## WHITE OUT THIS WEEKEND!

- We are hosting 12 home games this weekend, so please come and cheer on our Royals!
- We especially need the Lion's Den full for the following games:
  - Girls' Varsity Blue game Saturday @ 7:45 PM vs. Mother of Mercy.
  - Boys' Varsity Blue game Friday @ 7:45 pm vs. Mother of Mercy
    - First-place section titles are up for grabs!
- We will have full concessions available & Chick fil A sandwiches for sale on Friday and Saturday.
- Our AMA cheerleaders will be at the evening games to pump up the crowd!

Game times & dates: <https://www.avemariaaaa.org/calendar.aspx>

WEAR YOUR WHITE

&

LET'S FILL UP THE LIONS DEN!

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# LAST CALL FOR SPRING SPORTS REGISTRATION

## CLOSING SATURDAY, FEBRUARY 4TH!

- TRACK & FIELD (GRADES K-8)
    - Little Runners (K-2)
      - Practice 1 day a week with no participation in track meets (practice day still being determined)
      - *Kindergarteners can only do Little Runners.*
    - 1st-2nd Grade Competitive Team
      - 1st and 2nd graders can choose between Little Runners above and the competitive team.
      - Practice Monday from 5-6 pm at AMA BP Soccer Field and Wednesday from 5-6 pm at OLG Soccer Field. Meets on Saturdays in April and May.
    - 3-4th Grade Developmental Team
      - Practice Monday from 5-6 pm at AMA BP Soccer Field and Wednesday from 5-6 pm at OLG Soccer Field. Meets on Saturdays in April and May.
    - 5-6th Grade JV team
      - Practice Monday from 6-7 pm at AMA BP Soccer Field and Wednesday from 6-7 pm at OLG Soccer Field. Meets on Saturdays in April and May.
    - 7-8th Grade Varsity team
      - Practice Monday from 6-7 pm at AMA BP Soccer Field and Wednesday from 6-7 pm at OLG Soccer Field. Meets on Saturdays in April and May.
  - CO-ED DEVELOPMENTAL VOLLEYBALL (GRADES 3-4)
  - BOYS VOLLEYBALL (GRADES 5-8)
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# SPRING SPORTS CONTINUED

- CO-ED SOCCER (GRADES K-8)
  - 7-8th Grade Varsity team - Practice 2 days a week (Tuesday & Thursday, 3:15PM-5 PM)\_with games on Saturdays or Sundays.
  - 5-6th Grade JV team - Practice 2 days a week (Tuesday & Thursday, 5 PM-6:30 PM), with games on Saturdays or Sundays.
  - 3-4th grade developmental team - Practice 2 days a week (Tuesday & Thursday, 5 PM-6:30 PM)\_with games on Saturdays or Sundays.
  - 1st-2nd Grade developmental team - Practice 2 days a week (Tuesday & Thursday, 5 PM-6:30 PM) with games on Saturdays or Sundays.
  - Little Kickers - Open to Kindergarten thru 2nd-grade beginner soccer players or those new to athletics.
    - Practice 1 day a week (Wednesday from 6-7 PM)\_with a game at the end of each session. NO league games or travel are required.
- All practices for soccer will take place on the BP field.
- All practices for volleyball will take place at the BP gym. Practice dates/times are not yet finalized.

Register at: <https://www.avemariaaaa.org/>

*\*Please note if you have any unpaid balances for fall or winter sports you will NOT be able to register until those balances are paid\**

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## SPRING SPORTS DISCOUNT DAYS WITH DICKS SPORTING GOODS!

- In anticipation of the Spring Season, Dicks Sporting Goods has once again offered us a shopping weekend where members of the Diocese Soccer League (DSL), your families, and friends can take advantage of a 20% off coupon good on most merchandise in the store. You can share this code with anyone and it isn't limited to soccer gear. The coupon is good from Friday, March 17 through Monday, March 20th at the Beaver, Cranberry, McCandless, Monroeville, Robinson, and South Hills locations. Here is a link to the coupon as well as an attached image of it:
- [https://cmm.dickssportinggoods.com/crmcdn/getoffer.aspx?](https://cmm.dickssportinggoods.com/crmcdn/getoffer.aspx?offer_entity_code=O241C74K&token=UBghVS6SD4QDFccwFU4qWT4qslOwPU1vVSPDJIM8r5kjolwqJFhJe5J6hri4iid4FQMmk9O74C8EO1pYmyp2FQ2)
- [offer\\_entity\\_code=O241C74K&token=UBghVS6SD4QDFccwFU4qWT4qslOwPU1vVSPDJIM8r5kjolwqJFhJe5J6hri4iid4FQMmk9O74C8EO1pYmyp2FQ2](https://cmm.dickssportinggoods.com/crmcdn/getoffer.aspx?offer_entity_code=O241C74K&token=UBghVS6SD4QDFccwFU4qWT4qslOwPU1vVSPDJIM8r5kjolwqJFhJe5J6hri4iid4FQMmk9O74C8EO1pYmyp2FQ2)

We'll send a reminder about the coupon at the beginning of March,  
but wanted you to know before you buy spring gear!

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# WINTER SOCCER TRAINING FOR 3RD & 4TH GRADE!

**Who:** 3rd & 4th Grade AMA Students

**When:** Saturdays, February 11th and 18th from 10:00 am-11:30 am

**Where:** Our Lady of Grace (OLG) Gym

**What:** High-energy sessions focused on speed, agility, and ball control techniques

You can sign up by email at [stmsoccer@aol.com](mailto:stmsoccer@aol.com) with your player's name, grade, and contact information. Please sign up by **Wednesday, 2/8/23**.

Players should bring a size 4 ball, water bottle, shin guards, and gym shoes (no cleats).

**\$5 FEE/SESSION FOR THIS TRAINING**

Cash or check (made out to AMAAA) can be given to the coach at the session.

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## PLEASE HELP SUPPORT OUR HOME GAMES!

- We are hosting 78 home games this season.
- Please consider donating a concession item or volunteering your time to help staff our home games!
  - Referee fees *increased by 20%* this year, so concession sales and admission fees are critical.
  - Service hours are available for children 13 and older.
  - A clean-up crew is always needed after the last game to clean the bleachers and gym/lobby floors.
  - Great way to enjoy a home game and help support our sports teams.
- Concession Donations:
  - <https://www.signupgenius.com/go/4090448AAA623A02-amaconcession>
- If you are a Little Dribbler, Cheer, or Little Pep parent and want to help, please sign up!
- Clearances are required for anyone over the age of 18.
- If you already signed up through your team's sign-up genius, all will be combined into the master sign-up below.
- Master sign-up:
  - <https://www.signupgenius.com/go/4090e49a8ad2da57-boys#/>

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## LET'S GO ROYALS!



## #HAIL2MARY